

SHEEHAN PHINNEY

James G. Cook

Shareholder | Manchester, NH

A founding member of Cook Little, Jim joined Sheehan Phinney in 2022. He is a business lawyer known for his interest in technology companies and other entrepreneurial businesses.

Jim advises clients on issues ranging from business start-ups, to financing and growth, to a sale or other exit. Examples include choice and formation of business entities, buy-sell and other ownership agreements, angel, venture capital, private equity and corporate investments, debt and royalty-based financing transactions, mergers and acquisitions, joint ventures and strategic alliances, in-bound and out-bound technology licensing agreements, equity-based and other incentive compensation plans, sales and distribution agreements, executive employment agreements and other commercial and contractual arrangements.

Jim is active in the community, including various positions in professional, technology, and non-profit organizations.



Contact Information

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Practice Areas

- Corporate
- Business Formation & Succession Planning
- Securities & Venture Capital
- Commercial Contracts
- Commercial Finance
- International Contracts
- Mergers & Acquisitions
- Private Companies
- Startups/BOOST

Admissions

- State of New Hampshire
- American Bar Association
- New Hampshire Bar Association

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Education

- B.A., University of Iowa
- J.D., University of Michigan

Civic Involvement

- New Hampshire Aerospace and Defense Export Consortium (Director since 2018; Chair of Executive Committee since 2020)
- Entrepreneurs Foundation of New Hampshire (Member; Advisory Board Member 2009-2018)
- New Hampshire High Technology Council (Director 1991-2013; former President)
- Leadership New Hampshire (Director 2000-2006; Secretary 2002-2006)
- New Hampshire Charitable Foundation, Manchester Regional Advisory Board (Director 2000-2006; Chair 2005-2006)
- Court Appointed Special Advocates of New Hampshire (Director 2000-2006; Secretary 2003-2006)

Awards

- Martindale Hubbell, AV Peer Review Rated
- Chambers USA, Corporate/Commercial
- Best Lawyers of America®, 2025 Lawyer of the Year, Closely Held Companies and Family Businesses Law, Corporate Law
- Best Lawyers of America®, Corporate Law, Closely Held Companies and Family Businesses Law, Copyright Law, Mergers and Acquisitions Law, Technology Law, Trademark Law
- Best Lawyers of America®, 2010 Lawyer of the Year - Corporate Law; 2021 Lawyer of the Year - Mergers and Acquisitions Law
- New England Super Lawyer®, Business/Corporate; Technology Transactions; Securities & Corporate Finance; Intellectual Property